

# Highclare Preparatory School: St Paul's

## Menu



W.C 29<sup>th</sup> September 2025

### Monday

Pork Sausage rolls  
Vegetarian sausage rolls  
Mash potatoes  
Steamed carrots  
Gravy

Sliced Fruit (Pre-Prep & Reception)  
Oaty Flapjack

### Tuesday

Spanish pork and chorizo stew  
Roasted onion and pepper Spanish Tortilla  
Roasted new potatoes  
Green beans  
Red cabbage

Cracker & cheese (Pre-Prep & Reception)  
Vanilla sponge cake

### Wednesday

Chicken Milanese  
Crispy Tofu Milanese  
Tomato and basil sauce  
Spaghetti  
Broccoli florets

Eat More Fruit Day

### Thursday

Jacket potatoes  
Baked beans  
Creamy spinach  
Sweetcorn  
Grated cheese

Cracker & cheese (Pre-Prep & Reception)  
Sticky Toffee Pudding and Custard

### Friday

Slow Cooked beef Italian Lasagna  
Aubergine and cheese Moussaka  
Garden peas  
Garlic bread

Sliced Fruit (Pre-Prep & Reception)  
Double chocolate Chip Cookies