Highclare Preparatory School: St Paul's

Nenu



W.C 19th May 2025

Monday

Chicken parmigiana with oozing
cheese
Confit red onion frittata and parmigiana
sauce
Penne pasta
Nut-free basil and rocket pesto
Broccoli florets

Bread and butter pudding served with warm custard

Tuesday

Roasted pork sausages
Vegetarian sausages
Creamy mash potatoes
Garden peas
Gravy

Dairy-free chocolate brownies

Wednesday

Mild beef and lentil chilli
Mild Quorn chilli
Steamed rice
Sweetcorn
Tortilla chips

Thursday

Lamb koftas
Cauliflower shawarma
Fragrant couscous
Spiced tomato and pepper sauce
Sweet potato fries
Roasted chickpeas hummus

Eat more fruit day

Friday

Ploughman's Lunch

Selection of cold meats, side dishes and compound salads

<u>Please see separate menu</u>