

Subject: Physical Education	Awarding Body: Pearson Edexcel
Head of Dept: Mr Linfield	Teachers: Mr Linfield and Miss Jackson

Preferred entry requirements:

Grade 6 or above in GCSE Physical Education or

Grade 6 or above in GCSE Biology or Combined Science.

Specification Content

BTEC Extended Certificate in Sport (equivalent to one A Level and Distinction* worth 120 UCAS Points)

Year 1	Year 2
<ul style="list-style-type: none"> Unit 1 – Anatomy and Physiology in Sport (Mandatory – externally assessed through 90 minute examination) Focus; Skeletal, Muscular, Cardio-vascular, Respiratory and Energy Systems and how they respond to exercise. Unit 2 – Fitness training and programming for health, sport and wellbeing (Mandatory – externally assessed synoptic) Focus: Screening clients for lifestyle assessments and understanding training methods and programming. Supporting improvements in the above. 	<ul style="list-style-type: none"> Unit 3 – Professional Development in The Sports Industry (Mandatory – internally assessed through 4 assignments Unit 4/5/6/7 (Optional – 1 unit internally assessed through 2 assignments) Unit 4: Sports Leadership; Unit 5: Application Of Fitness testing; Unit 6: Sports Psychology; Unit 7 Practical Sports Performance.

Structure of the course:

Equivalent in size to one A Level. 4 units of which 3 are mandatory and 2 are external. Mandatory content (83%). External assessment (67%). A broad basis of study for the sport sector. This qualification is designed to support progression to higher education when taken as part of a programme of study that includes other appropriate BTEC Nationals or A Levels.

Method:

Pupils undertake the three mandatory units and one optional unit (above). Assessment is specifically designed to fit the purpose and objective of the qualification. It includes a range of assessment types and styles suited to vocational qualifications in the sector. There are three main forms of assessment that you need to be aware of: external, internal and synoptic.

Achievement in the qualification requires a demonstration of depth of study in each unit, assured acquisition of a range of practical skills required for employment or progression to higher education, and successful development of transferable skills. Learners achieving a qualification will have achieved across mandatory units, including external and synoptic assessment.

Units are assessed using a grading scale of Distinction (D), Merit (M), Pass (P), Near Pass (N) and Unclassified (U). The grade of Near Pass is used for externally-assessed units only. All mandatory and optional units contribute proportionately to the overall qualification grade, for example a unit of 120 GLH will contribute double that of a 60 GLH unit.

Qualifications in the suite are graded using a scale of P to D*, or PP to D*D*, or PPP to D*D*D*. Please see Section 9 for more details. The relationship between qualification grading scales and unit

grades will be subject to regular review as part of Pearson's standards monitoring processes on the basis of learner performance and in consultation with key users of the qualification.

Strengths/Skills developed through studying this subject:

In the BTEC units there are opportunities during the teaching and learning phase to give learners practice in developing employability skills. Where employability skills are referred to in this specification, we are generally referring to skills in the following three main categories:

- Cognitive and problem-solving skills: use critical thinking, approach non-routine problems applying expert and creative solutions, use systems and technology.
- Intrapersonal skills: communicating, working collaboratively, negotiating and influencing, self-presentation.
- Interpersonal skills: self-management, adaptability and resilience, self-monitoring and development. There are also specific requirements in some units for assessment of these skills where relevant, for example, where learners are required to undertake real or simulated activities.

What students do with this qualification:

A qualification designed to provide specialist work related skills for the Sport Industry and University entrance. Gives learners the knowledge, understanding and skills that they need to prepare them for employment or sports based degree. The National Extended certificate provides equivalent UCAS points to 1 GCE A Level.

It is an excellent base for a university degree in sports science, sports management, healthcare, or exercise and health. This qualification can also complement further study in biology, human biology, nutrition and sociology.

BTEC Sport can open up a range of career opportunities including sports coaching, physiotherapy, personal training or PE teaching. The transferable skills learnt through the study of this course, such as decision-making and independent thinking are also useful in choosing the most suitable career path.