



Highclare Preparatory school Woodfield Menu w.c. 27/02/23

MAIN DISHES

Monday

Woodfield's welcome back all day breakfast including pork sausage, hash browns & baked beans

Tuesday

Traditional beef bolognese served with spaghetti & broccoli florets

Wednesday

Battered fresh cod fillet served with homemade chips, curry sauce & a duo of peas

Thursday

Barbecue sticky chicken served with yellow rice & sweet corn

World Book Day

You are formally invited to a special tea party, menu to follow

VEGETARIAN

Monday

Welcome back all day veggie breakfast including vegan sausage, sautéed mushrooms & scrambled egg

Tuesday

Homemade potato gnocchi served with rustic tomato sauce & garlic & parsley focaccia bread

Wednesday

Mediterranean vegetable & feta frittata served with homemade chips & peas

Thursday

Paneer Makhani served with vegetable rice, homemade flat bread & corn

World book day

You are formally invited to a special tea party, menu to follow

DESSERTS

Monday- Oatie flapjack

Tuesday- Try more fruit Tuesday

Wednesday- – rhubarb & orange cake served with vanilla custard

Thursday- Melting moments

Friday – *The queen of hearts tarts and more*

KEY:

(CE) celery (G) Cereals/Gluten (Cr) Crustaceans (E) Eggs (F) FISH (M) Milk (MU) Mustard (so) Soya (Su) Sulphites (L) Lupins **FOR ALL ALLERGENS CONTAINED ON MENU, PLEASE REFER TO DAILY ALLERGEN SHEET**



This week
on the menu

EAT THE
SEASONS