



THIS Week

Seasonal • Fresh • Local Produce

HIGHCLARE PREPARATORY SCHOOL: WOODFIELD MENU W.C. 27/06/2022

MAIN DISHES

Monday

Tandoori chicken skewers (pieces for early years) served with mushroom pilau rice, curry sauce & sweet corn

Tuesday

Honey roast gammon served with charred pineapple, chunky oven baked wedges & peas

Wednesday

Italian meat balls served with spaghetti, tomato sauce & broccoli florets

Thursday

Barbecue sticky chicken or chowmein served with seasonal vegetables

Friday

Woodfields mini festival including burger & fries outside

ALLERGEN KEY:

(Ce) Celery (G) Cereals/Gluten (Cr) Crustaceans (E) Eggs
(F) Fish (M) Milk (Mu) Mustard (Se) Sesame (So) Soya
(Su) Sulphur Dioxide (L) Lupin FOR ALL ALLERGENS ON MENU
PLEASE REFER TO DAILY ALLERGEN SHEET

CHEFS SPECIALS

Monday

Riata dip

Tuesday

Mexican chopped salad

Wednesday

Garlic & parsley focaccia bread

Thursday

Prawn crackers

Friday

Milk shake

VEGETARIAN

Monday

Onion & potato pakora served with rice & sweetcorn

Tuesday

Tomato, spinach & ricotta Enchilada served with wedges & peas

Wednesday

Arancini balls served with spaghetti, tomato sauce & broccoli florets

Thursday

Sweet & sour tofu served with egg noodles & seasonal vegetables

Friday

Woodfields mini Festival including veggie dogs with sautéed onions & fries outside

*Menu may be subject to change due to ongoing national shortages

DESSERTS

Monday

Vanilla ice cream cone with sauce & sprinkles

Tuesday

Tooty fruity Tuesday

Wednesday

Year 6 iced sprinkle sponge cake

Thursday

Blueberry & lemon muffin

Friday

Choc ice