



THIS Week

Seasonal • Fresh • Local Produce

HIGHCLARE PREPARATORY SCHOOL: ST PAULS W.C 5/7/2021

MAIN DISHES

Monday

Butter chicken curry, steamed rice and broccoli **(CE) (MU)**

Tuesday

Italian beef bolognese, penne pasta, homemade garlic bread and peas **(CE) (G) (Su)**

Wednesday

Pork sausages, chunky chips and baked beans **(CE) (G) (Su)**

Thursday

Pepperoni pizza, baked potato wedges and sweetcorn **(G) (M) (CE) (Su)**

Friday

Holiday

KEY:

(CE) celery **(G)** Cereals/Gluten **(Cr)** Crustaceans
(E) Eggs **(F)** FISH **(M)** Milk **(MU)** Mustard **(So)** Soya
(Su) Sulphites **(L)** Lupins

VEGETARIAN

Monday

Pulled oat and tomato ragú, steamed rice and broccoli **(CE)**

Tuesday

Tomato and basil sauce, crumbled feta, penne pasta, homemade garlic bread and peas **(CE) (G) (Su)**

Wednesday

Vegetarian sausage, chunky chips and baked beans **(CE) (G)**

Thursday

Cheese and tomato pizza, baked potato wedges and sweetcorn **(G) (M) (CE) (Su)**

Friday

Holiday

CHEFS SPECIALS

Monday

Cous cous **(G)**

Tuesday

Homemade garlic bread **(G)**

Wednesday

Pasta salad **(G)**

DESSERTS

Monday

Lemon drizzle cake **(G) (E) (M)**

Tuesday

Fresh fruit

Wednesday

Chocolate sponge cake **(G) (E) (M)**

Thursday

Shortbread biscuit **(G) (M)**