



Menu



Daily Staples

A selection of salads, home cooked meats from the salad bar, Artisan bread and freshly made desserts from the Dessert Table

HIGHCLARE SENIOR SCHOOL MENU W/C 21.09.2020

MAIN DISHES

Monday

Chicken Fajitas (G)
Oven baked potato wedges
Sweetcorn

Tuesday

Beef Lasagne (G, M)
Garlic Focaccia bread (G, M)
Chefs Green salad

Wednesday

Honey Roast Ham, Pan gravy (G)
Baby New Potatoes, Broccoli

Thursday

Chicken Madras with Steamed basmati rice (G)
Poppadum (G)

Friday

Pork Sausage Hotdog (G)
Hand cut Chips, Sautéed onions
Spaghetti Hoops (G) Ketchup

ALLERGEN KEY:

(Ce) Celery (G) Cereals/Gluten (Cr) Crustaceans (E) Eggs (F) Fish (M) Milk (Mu) Mustard (Se) Sesame (So) Soya (Su) Sulphur Dioxide (L) Lupin

VEGETARIAN

Monday

Courgette and Tomato Vegetarian Lasagne (G, M)

Tuesday

Cheddar and Caramelized red onion tart (G, E, M)

Wednesday

Arancini Mozzarella Balls (M, G)
Tomato sauce
Steamed broccoli

Thursday

Coconut, Chickpea & Spinach Curry (G)
Steamed basmati rice

Friday

Vegetarian Hotdog (G)
Hand cut Chips, Sautéed onions
Ketchup

JACKET POTATOES

BAKED BEANS & GRATED CHEESE (M)

AVAILABLE DAILY

SALAD BAR SELECTION TO INCLUDE-

Lettuce, Tomato, Cucumber, Sweetcorn, Grated carrots, Coleslaw (E), Beetroot and Feta Cous Cous (M).

Tuna, Egg & Wilted Ham
Halal chicken available

DESSERTS

Monday Vanilla Ice cream, Fruit coulis (M)

Tuesday Shortbread Biscuit (G, M)

Wednesday Strawberry Jelly Pot, Chantilly cream (M)

Thursday Red Velvet Cookie (G, M)

Friday Ginger and White Chocolate cake (G, E, M)