



Menu

HIGHCLARE SENIOR SCHOOL

WEEK STARTING MONDAY 14 OCTOBER



Daily Staples

A selection of salads, home cooked meats from the salad bar, Artisan bread and freshly made cold desserts from the Dessert Table

MAIN DISHES

Monday

Tagliatelle Carbonara (G, M)
Handmade bread (G)
Sweet corn, Parmesan cheese (M, E)

Tuesday

A TASTE OF KOREA
Special menu to follow

Wednesday

All day Breakfast-
Pork sausage and Scrambled egg (G, M, E)
Hash brown and baked beans

Thursday

Spaghetti Bolognese (G)
Garlic focaccia bread (G, M)
Steamed broccoli

Friday

Deep pan Pepperoni pizza (G, M)
Skinny Fries
Spaghetti Hoops (G)

ALLERGEN KEY:

(Ce)Celery (G) Cereals/Gluten (Cr) Crustaceans (E) Eggs (F)
Fish (M) Milk (Mu) Mustard (Se) Sesame (So) Soya (Su)
Sulphur Dioxide (L) Lupin

SALAD BAR SPECIALS

Monday Carrot and coriander salad

Tuesday

Wednesday Halloumi, carrot and orange salad (M)

Thursday Classic Crunchy slaw (M)

Friday Tomato and Basil salad

VEGETARIAN

Monday

Penne Pasta with a rich tomato sauce (G)
Handmade bread (G)

Tuesday

A TASTE OF KOREA
Special menu to follow

Wednesday

Vegetarian All day Breakfast
Veggie style sausage (G, Ce)
Scrambled egg and baked beans (E, M)

Thursday

Arancini Mozzarella Balls (G, M, E)
Tomato sauce
Parmesan cheese (M,E)

Friday

Deep pan Margarita Pizza (G, M)
Chunky Chips Spaghetti hoops (G)
Ketchup

JACKET POTATOES

BAKED BEANS & GRATED CHEESE (M)

AVAILABLE DAILY

DESSERTS

Monday Creamy rice pudding served with jam or sultanas (M)

Tuesday

Wednesday Baked jam sponge, Custard (G, E, M)

Thursday Chocolate Crispy cake (G, M)

Friday Chefs dessert selection (G, M, E)